

PILATES REFORMER SCHEDULE

Effective November 1, 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

8:30AM

PILATES REFORMER Pilates Reformer

Studio

Studio

9:30AM

PILATES REFORMER Pilates Reformer

8:30AM

PILATES REFORMER Pilates Reformer

9:30AM

PILATES REFORMER

Studio

Pilates Reformer Studio

10:00AM

PILATES REFORMER Pilates Reformer

Studio

11:00AM

PILATES REFORMER

Pilates Reformer Studio

11:00AM

12:00PM

REFORMER Pilates Reformer Studio

PILATES

PILATES

Studio

REFORMER

Pilates Reformer

PILATES REFORMER

Studio

12:00PM

PILATES REFORMER

Pilates Reformer Studio

5:30PM

PILATES REFORMER

Pilates Reformer Studio

12:00PM

Pilates Reformer

6:00PM

PILATES REFORMER

Pilates Reformer Studio

6:00PM

PILATES REFORMER

> Pilates Reformer Studio

6:30PM

PILATES REFORMER

Pilates Reformer Studio

Additional fee (\$15 + HST)

Register for classes via the 10XTO app. Class schedule subject to change.