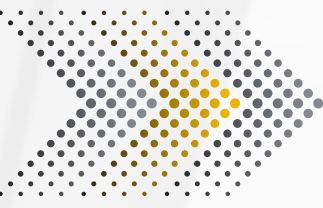


PILATES REFORMER SCHEDULE

Effective April 13th, 2026



MONDAY

8:30AM | PILATES REFORMER
Pilates Reformer Studio

9:30AM | PILATES REFORMER
Pilates Reformer Studio

TUESDAY

12:00PM | PILATES REFORMER
Pilates Reformer Studio

6:00PM | PILATES REFORMER
Pilates Reformer Studio

WEDNESDAY

10:00AM | PILATES REFORMER
Pilates Reformer Studio

6:00PM | PILATES REFORMER
Pilates Reformer Studio

THURSDAY

5:30PM | PILATES REFORMER
Pilates Reformer Studio

FRIDAY

8:30AM | PILATES REFORMER
Pilates Reformer Studio

9:30AM | PILATES REFORMER
Pilates Reformer Studio

SATURDAY

10:00AM | PILATES REFORMER
Pilates Reformer Studio

11:00AM | PILATES REFORMER
Pilates Reformer Studio

1:00PM | PILATES REFORMER
Pilates Reformer Studio

SUNDAY

11:00AM | PILATES REFORMER
Pilates Reformer Studio

12:00PM | PILATES REFORMER
Pilates Reformer Studio

Additional fee (\$15 + HST)

**Register for classes via the 10XTO app.
Class schedule subject to change.**