

PILATES REFORMER SCHEDULE

Effective January 1, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:30AM PILATES REFORMER Pilates Reformer Studio				8:30AM PILATES REFORMER Pilates Reformer Studio		
9:30AM PILATES REFORMER Pilates Reformer Studio		10:00AM PILATES REFORMER Pilates Reformer Studio		9:30AM PILATES REFORMER Pilates Reformer Studio	10:00AM PILATES REFORMER Pilates Reformer Studio	
					11:00AM PILATES REFORMER Pilates Reformer Studio	11:00AM PILATES REFORMER Pilates Reformer Studio
12:00PM PILATES REFORMER Pilates Reformer Studio					12:00PM PILATES REFORMER Pilates Reformer Studio	12:00PM PILATES REFORMER Pilates Reformer Studio
			5:30PM PILATES REFORMER Pilates Reformer Studio		1:00PM PILATES REFORMER Pilates Reformer Studio	
6:00PM PILATES REFORMER Pilates Reformer Studio	6:00PM PILATES REFORMER Pilates Reformer Studio					

Additional fee (\$15 + HST)

Register for classes via the 10XTO app.
Class schedule subject to change.